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The 3rd Nottingham Anterior Spinal Approaches and Cadaver/Live Surgery Course

11 - 12 June 2012

Centre for Spinal Studies
and Surgery

Queens Medical Centre

Nottingham University
Hospital NHS Trust



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Mr Phil Sell
Mr Masood Shafafy
Mr Magnum Tsegaye
Mr John Webb

Introduction

Dear Colleague,

The Spine Team offers you a big welcome to the Queens Medical Centre in Nottingham.

This course is designed for senior spinal trainees, recently appointed consultants or those wishing to update their competencies from both neurosurgical and orthopaedic backgrounds.

The focus of the course is on common anterior approaches to the cervical and lumbar spine. The learning objectives will be achieved by means of didactic lectures, cadaver dissections and transmitted 'live' surgical demonstrations involving related techniques (anterior fusion, disc arthroplasty). Furthermore, we are lucky to have the keynote lecture delivered by Mr John Webb, one of the founders of AO Spine, entitled 'The Role of Anterior Surgery in the Degenerate Lumbar Spine'.

The programme timing is often subject to some modification due to the implications of relaying live surgery but all aspects of the programme will be covered throughout the two days.

On Monday morning, we look forward to greeting you in the Park Plaza Hotel for the Course Registration and lectures. Early on Monday evening there will be a tour of Nottingham followed by an evening meal at a local restaurant.

NB. Please be at the front entrance of the hotel at the requested times (refer to programme) when transport has been arranged to take you to the Queens Medical Centre Hospital (Limited parking available outside the hotel).

We all look forward to meeting you and to an interesting two days which we hope you will find rewarding.

Course Information

Learning Objectives

At the conclusion of the course participants will:

Have a good appreciation of the relevant surgical anatomy.

Understand the commoner approaches to the cervical and lumbar spine; as well as acquaintance with the less common (trans-oral, mandibular split to upper cervical region, manubrial resection approach to the cervico-thoracic junction).

Gain a better awareness of the vascular and neural structures that need addressing / avoiding in common anterior surgical procedures (ilio-lumbar vein, vertebral arteries, recurrent laryngeal and superior laryngeal nerves etc.)

Learn 'tips / tricks' in avoiding complications and approach related morbidity.

Transport Arrangements

Monday 11 June 2012

12.30 Transport from Park Plaza Hotel to QMC
17.45 Transport from QMC to the Park Plaza Hotel

Tuesday 12 June 2012

08.30 Transport from Park Plaza Hotel to QMC
14.00 Transport from QMC to Park Plaza Hotel

Draft Programme

Monday

0830-0900	Course registration (Park Plaza Hotel)
0900-0920	Introduction and Welcome, Nottingham and the QMC Nasir Quraishi, Mike Grevitt
0920-0940	Approach to the sub-axial spine (C3-7) Iona Collins
0940-1000	Specialist Anterior Approaches (C1/2; C7-T3) Nasir Quraishi
1000-1020	Cervical Complications - avoidance and management Magnum Tsegaye
1020-1100	Discussions followed by refreshments All
1100-1130	Thoracotomy and Thoraco-abdominal Approaches Hossein Mehdiان
1130-1150	Anterior Approach to Lumbar Spine (L4/5, L5/S1) Mike Grevitt
1150-1210	Lumbar Complications - avoidance and management Jwalant Mehta
1230	Transfer to QMC and Lunch
1330-1700	Cadaver dissections, Anatomy department
1700-1730	Refreshments & Keynote Lecture: The role of anterior surgery in the degenerate lumbar John Webb
1745	Transfer to Park Plaza Hotel, Nottingham

1900-late Tour and Dinner at local restaurant (smart casual)

Tuesday

0830-0900	Transfer to Queen's Medical Centre
0900-1330	Live surgical demonstrations Anterior Lumbar interbody fusion with Synfix or disk replacement (Prodisc) Hossein Mehdiان Anterior cervical discectomy with Zero-P plate/ cage Magnum Tsegaye Supporting lectures/saw-bone demonstrations (Zero-P, Prodisc-C, Synfix, Prodisc-L) including refreshments
1330	Course summary; evaluations; close

Subject to change